

COSMIC INITIATION with the CAT BEINGS  
SPRING EQUINOX IN EGYPT:  
March 09 – March 23 , 2011

**DEPARTURE FROM YOUR PORT OF ORIGIN IS MARCH 9, 2011 TO INSURE MARCH 10 ARRIVAL IN CAIRO. YOU ARE RESPONSIBLE FOR YOUR OWN INTERNATIONAL AIRFARE.**

**Day 1 - Thursday, March 10 – Arrival**

Arrive at Cairo International Airport, where our Tour Coordinator meets you. Transfer by air-conditioned vehicle to our 5-star hotel in Heliopolis. Group introduction and dinner (dependent upon our international airline arrivals).

*Overnight:* At hotel in Heliopolis.

**Day 2 – Friday, March 11th - Cairo - Luxor - Medinet Habu**

*Breakfast:* Early Breakfast at hotel.

*Check-out:* Tour Coordinator is on hand to assist you with all check-out procedures and escort you to the Cairo airport for our Luxor flight.

*Transfer:* Transfer by private bus to our Luxor Hotel; check-in and lunch. After lunch at a brief group meeting, Mary Elizabeth offers a group reading on the work this group has come together to do during our journey - with each participant having the opportunity to choose to receive their own personal information about the specific contribution they are here to make, the karma each is here to fulfill and the lessons their soul is teaching them at this time and place. Afterward, we visit the Temple of Medinet Habu, the Temple of Dreams as well as the Temple of Time and Timelessness on Luxor's West Bank. We have time to explore this amazing temple at our leisure. We begin our initiations with introductions to the visioning energies of Tefnut and the healing powers of Sekhmet, as we become aware of the lines of energy from lives past, present and future beginning to converge. Dinner on the West Bank with view.

*Overnight:* At our hotel in Luxor (B, L)

**Day 3 – Saturday, March 12 - Luxor – Deir El Bahari Temple (Queen Hatshepsut) – Valley of the Kings**

After breakfast we visit the unforgettable Valley of the Kings, a vast sacred necropolis where magnificent tombs were carved into the desert rocks, decorated richly, and filled with treasures for the afterlife by generations of



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Pharaohs. We have the option to visit 2 tombs dependent upon what is open to the public due to on going research. (Visit to the famous Tomb of King Tut-ank-amun which still houses the boy king's mummy is an additional fee).

**Hatshepsut Temple:** Rising out of the desert plain in a series of terraces, the Temple of Queen Hatshepsut (ancient Egypt's only known female Pharaoh) merges with the sheer limestone cliffs that surround it, as if nature herself built this extraordinary monument. Working with all the Kingdoms of the earth, especially the Devis, the followers of Queen Hatshepsut grew lush gardens, created essences and oils all dedicated to the Hathors, Sekhmets and Tefnuts whose teachings were the heart and soul of the healing arts during this Golden Age. Here we may re-member the knowledge we once possessed that we have long forgotten.



Lunch at a local restaurant. After lunch we visit an alabaster factory, where handmade statues and carvings are still done as they were in the time of the pharaohs.

**Lotus House:** At Sunset we visit the beautiful Blue Lotus House for a tea break and view of sunset from the rooftop overlooking Hathor's mountain of the West Bank. Introduction to the healing mysteries of the blue lotus. Free evening for meditation, dinner, exploring on your own. *Overnight:* Our Luxor hotel. (B)

#### **Day 4 – Sunday, March 13 - Luxor – Karnak Temple - Mut Temple**

After breakfast, we take a small motorboat across the Nile to visit one of Egypt's most famous temples.

**Karnak Temple:** We visit the Temple of Karnak, built over more than a thousand years by generations of Pharaohs. The great "Hypostyle Hall" is an incredible forest of giant pillars, covering an area larger than the whole of Notre Dame Cathedral. We make a special stop at the scarab to insure prosperity, abundance and our return to Egypt and visit the sacred lake of remembrance where the blue lotus once flourished.



**Mut Temple:** The Mut Temple where over 700 statues of Sekhmet seated in her healing pose were recently unearthed was linked by an Avenue of Sphinxes as part of the Karnak Temple complex. Not normally open to the public due to on-going excavations, our hope is to visit the powerful Mut healing temple to activate these energies for the highest good of all.

Lunch in one of Luxor's many cafes. Afternoon free for browsing in Luxor or taking a leisurely sail on the Nile. *Overnight:* Our Luxor hotel. (B)

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**Day 5 – Monday, March 14 – Luxor**

Free day at Blue Lotus House with Mary Elizabeth for further meditation and healing with the Blue Lotus in preparation for our initiations over the coming days. Evening walk through Luxor Temple by night.

**Blue Lotus House:** A sanctuary and healing spot once part of the great gardens of Hatshepsut, Blue Lotus House is facilitating the return once again of the expression of the soul heart energies in partnership with the incoming wisdom energies of love through the maturation and expression of the wiser Isis-Gaia, Osiris-Panden archetypes upon the earth. More information on many levels is shared at the Blue Lotus House.

**Luxor Temple:** Called the “Temple of Man” by the symbolist egyptologist Schwaller de Lubicz and the Ascension Temple of Serapis Bey by esotericists, as we walk through the temple our bodies are activated by the harmonics of its sacred geometry. We have time to explore the temple at sunset when the lighting is magnificent and the crowds are gone. We have an early night in preparation for our full day’s journey to Abydos and Dendera Temples the following day. *Overnight:* Our hotel in Luxor. (B)



**Day 6 – Tuesday, March 15 -Abydos and Dendera**

Full day Dendera and Abydos by bus with boxed lunch.

**Dendera Temple:** After our early breakfast, we drive to Dendera to visit the beautiful Ptolemaic Temple dedicated to Hathor, the Goddess of beauty, healing, music, dance, song, aromatherapy and astrology. Here we connect with the Hathor’s knowledge of the blue lotus, the sacred marriage of head and heart, heaven and earth, with which we gain the wisdom to speak our Truth. We also have the option to explore the initiation crypts and tunnels beneath the temple.

**Abydos Temple:** We continue on to Abydos, the original burial-place for pre-dynastic kings and Pharaohs dating back to the fourth millennium BC. We explore the temple built by Sety I and his son Ramses. The mysterious Osirion - one of the most intriguing monuments of ancient Egypt - raises more questions than it answers. Inscribed with the Flower of Life symbol, it is a Galactic Hall of Records whose activation time begins in 2011. Are we one of the fortunate groups that gets to go into the Osirion? The flood waters of the Nile determine that. Dinner late on our return to Luxor. *Overnight:* Our hotel in Luxor hotel. (B, L)

**Day 7 - Wednesday, March 16** – Free Day Luxor. Today is a day to rest, relax, integrate, meditate, pray, journal, walk to the Temple of Medinet Habu or visit other

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sites on the West Bank on your own at your leisure. Visits to the Blue Lotus House may be arranged with private sessions, readings or teachings with Mary Elizabeth or Mary Lomando requested for an additional fee. Shopping or just wandering the streets around our hotel area is also an option. Or you may choose to take a motor boat to the East bank for shopping or site seeing on your own.

### **Day 8 – Thursday, March 17- Luxor - Kom Ombo - Aswan - By Bus**

After breakfast, we begin our journey by private bus to Aswan. Our first stop is Kom Ombo Temple, a temple where the dual aspects of Light and Dark were honored. One half of the temple is dedicated to Horus, the Sun God and the other half to the crocodile god Sobek, who rules the underworld. The temple stands at a bend in the Nile where in ancient times sacred crocodiles basked in the sun on the riverbank. Here we have the opportunity for initiation, integration and rebirth into our whole Self and meet the three major aspect of the Cat Beings - Seshat, Tefnut and Sekhmet - Cosmic, World and Karmic. On the way to Aswan, we pass spectacular scenery and view life as it was and still is in “Nubian” Egypt. *Arrival:* in Aswan. Check into our beautiful island hotel. Dinner and overnight at the hotel. (B)



### **Day 9 - Friday, March 18 - Aswan - Philae Temple**

After buffet breakfast at the hotel, we walk to the edge of the Nile River to take part in a giving and receiving process. We continue our ritual and ceremony of letting go of the old and drawing in the new by taking a morning felucca ride (weather permitting) around Lord Kitchener’s Island. Lunch at a local Nubian restaurant.

**Philae Temple:** We take a short motorboat ride to the magical island of Agilka to visit Philae Temple, the temple dedicated to the mysteries of Isis. Philae was the longest functioning temple in Egyptian history and survived well into Roman times. Here we facilitate and celebrate the return to earth of the wisdom energies as we integrate head and heart, mind and emotions, so we may speak the Truth of what has been, what is and what has the potential of being.



This beautiful temple surrounded by water is the perfect setting to feel the energies of the coming Full Moon in Virgo, as represented by the Goddess Isis.

After visiting the temple, we return to our hotel. Evening of local entertainment, music and dance to celebrate our Great Work earlier in the day.

*Overnight:* Our island hotel in Aswan. (B, L)

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**Day 10 – Saturday, March 19 - Aswan – Edfu – Full Moon in Virgo - Luxor**

Buffet breakfast at our hotel and check out. We return to Luxor via the town of Edfu where we visit Edfu Temple. Edfu Temple is the main temple of Horus, the sun god. Here the famous Edfu Texts were housed; they were said to be the sacred books of learning written by the followers of Thoth containing all the knowledge given by the gods to the ancient Egyptians. In this full moon in Virgo time and place we have the opportunity to connect with the new Isis-Gaia wisdom energies of the Wise Woman and the new Osiris-Panden wisdom energies of the Wise Man. Our initiation into our own personal Halls of Records and how they align with the Earth's and the Galaxy's Hall of Records is activated. We arrive back in Luxor for dinner. Free evening for integration with possible visit to Blue Lotus House.

*Overnight:* at our hotel in Luxor. (B)

**Day 11 – Sunday, March 20 - Luxor – Cairo - Giza**

You may opt to sleep in after our late full moon night or have breakfast at the hotel and visit Medinet Habu, shop or take a stroll through the streets of the West Bank of Luxor. After lunch we transfer by bus to Luxor airport for our flight back to Cairo. We check into our hotel, Le Meridien, at the foot of the pyramids. Late afternoon shopping excursion at local jewelry bazaar and papyrus gallery. Dinner at a local restaurant. Evening free. (Optional Sound and Light Show at the Sphinx to be arranged by request - there is an extra fee). *Overnight:* Le Meridien. (B)

**Day 12 - Monday, March 21 - Giza - Sakkara - Spring Equinox(1:28am local time)**

Buffet breakfast at the hotel. After breakfast, we have an early morning visit to the Giza plateau with a panorama view of the magnificent Great pyramid and the Sphinx. Today, we experience our own private initiation time inside the sphinx enclosure between the paws of the Sphinx, one of the most potent energetic sites on the planet, a true “stargate” to other dimensions. This includes calling in our Star God/Star Goddess origin energies so we may commit to and begin to step into our next assignment in the Great Work. Afterward, we venture on to Memphis (the first capital of ancient Egypt) to visit Sakkara, the incredible Stepped Pyramid of King Zoser and the sound healing temple of his renowned grand architect, grand physician/high priest, Imhotep. Sakkara was an ancient sound healing temple where body, mind and spirit was attuned to its perfection. Here we each receive our new Soul Song to align us with the new vibrations and tones being activated throughout the galaxy in the coming months. We also visit the newly opened Imhotep Museum at Sakkara. Lunch is at the Sakkara Palm Club, a scenic oasis bordering the stepped pyramid area. We also visit a local Carpet School where we see the traditional hand-woven rugs which are famous Egyptian handi-crafts. Return to hotel. Evening free. *Overnight:* Le Meridien Pyramids (B, L)

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**Day 13- Tuesday, March 22 - Giza Plateau and Pyramid overview**

Breakfast at hotel. Today we have an overview of the Giza plateau and Great pyramid. (Extra entry ticket must be purchased for those wishing to climb the Grand Gallery inside the Great Pyramid). After lunch, there is an optional visit arranged to the Cairo Museum for those wishing to see it. Farewell dinner at local restaurant.

**EVENING AIRPORT TRANSFER for those on the early am international flights March 23.**

**(B, D)**

**DAY 14 – MARCH 23– DEPARTURE FLIGHTS TO U.S. AND OTHER PORTS OF CALL**

**BON VOYAGE**

**Includes:**

- All Airport Transfers with AK
- 01 Night at Airport Hotel standard room bed and breakfast
- 06 nights in Luxor Hotel with bed and breakfast
- 02 nights Aswan with bed and breakfast
- 03 Nights at Meridien Pyramids with bed and breakfast
- Meals where listed
- All site entries as listed
- Domestic air fair, which is subject to change by Egypt Air without prior notice
- Special access to Blue Lotus House for healing meditations and work with the Blue Lotus
- Special private time, initiations, ceremonies and meditations
- All group temple entries, including the outside of the Great Pyramid
- Special time between the paws of the Sphinx

**Excludes:**

- Entry Visa into Egypt (\$18 to \$20 USD)
- Tipping for local guide/Egyptologist
- Cairo Museum visit (\$20 USD)
- Tomb of King Tutankamun in Valley of the Kings (\$20 USD)
- Entry ticket inside the Great Pyramid (\$20 USD)
- Camel or horse ride
- All beverages, laundry, phone calls, extra meals or snacks
- Souvineers

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